# 1:1 Productivity Consultancy For Business Leaders

Individual Productivity Ninja™ personal training at your desk

| Format          | Flexible – up to 6 hours plus lunch,<br>with 1-2 hours follow-up via Skype 2-4 weeks later   |
|-----------------|--|
| Breakdown       | One-to-one at-desk consultancy, training and coaching  |
| Participants    | Just 1 (or 2 e.g. Boss and PA)   |
| Results         | Become a Productivity Ninja™ and regain control over your work and emails  |
| Key Benefits    | <ul> <li>Regain control, clarity and space for the critical big-picture thinking</li> <li>Role-model zen-like calm and a healthier work-life balance</li> <li>Immediate results for the teams you manage, as well as your own work-life</li> </ul> |
| Making it Stick | <ul> <li>Paperback PLUS eCopy of Graham Allcott's bestselling book</li> <li>Action-oriented Takeaway Goodies</li> <li>Workshop Booster Pack (online)</li> <li>Exclusive Access to The Productivity Ninja Academy (1 month).</li> </ul>             |

### Overview

Making time for quality thinking is vital for leaders, and yet the relentless cycle of back-to-back meetings, endless emails and work overload can make big-picture thinking feel like a luxury. Spend a day with one of our Productivity Ninja experts and we'll help put you back in the driving seat.

Our human, practical, no-nonsense approach will help you in multiple areas – email, workflow, procrastination, decision-making, prioritization, working smarter with your PA. Whatever it is that you need to feel 'Ninja-fied' and in control.

We start with a diagnostic session to help us establish what needs to change. Then we deploy the best bits from all our workshops to assist you in implementing change right there at your desk, so your new approaches and habits are put into practice and not lost in the day-today chaos.

Clients tell us that spending a day with a Productivity Ninja<sup>™</sup> is lifechanging. The impact is immediate, and the positive repercussions are felt in their lives outside of work as well.

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# Don't just take our word for it ...

An eye-opener and a great framework for managing the pressures of life.

GILES COUZIN, UNIVERSITY OF BRISTOL





#### Who should attend

If you'd prefer intensive personal training rather than attending our group workshops, then this is for you.

Our one-to-one consultancy is delivered exclusively by our senior Productivity Ninjas™, who have hundreds of hours of experience with teams and individuals, teaching and coaching the Productivity Ninja™ approach.

## **Practical Requirements**

We recommend this session takes place in your day to day office or workspace, so we can work practically with your real stuff. Our team at TPHQ will walk you through this at the time booking.

## What you'll discover

- Identify your current productivity and wellbeing challenges – and why the two are interlinked.
- The secret to overcoming information overload, distraction and stress – by managing your attention, not time, and by developing a 'second brain' to manage projects and actions.
- Why making time of quality thinking is vital for success – and practical ideas to make it happen.
- Productivity insights and tactics from author Graham Allcott and our team of international Productivity Ninjas.



Results

82%

of participants implement our productivity model, and feel significantly more in control of their work.

**99**%

of participants say our workshops will make a positive difference to their productivity



of participants would recommend this session



# Making it stick

We're passionate about creating real change that lasts, and truly embedding new habits. That's why each participant gets:

- An eCopy of Graham's book
- Practical handouts or downloadable resources
- Exclusive access to The Productivity Ninja Academy, with eCourses, tutorials, curated content, a forum and workshop booster pack.

https://academy.thinkproductive.com





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