

How to be a Productivity Ninja With Rebel Kitchen



The innovative plant-based brand, Rebel Kitchen asked us to come and deliver our flagship "How to be a Productivity Ninja" workshop. 6 months on, we caught up with Co-founder, Tamara Arbib to see how the team was getting on.



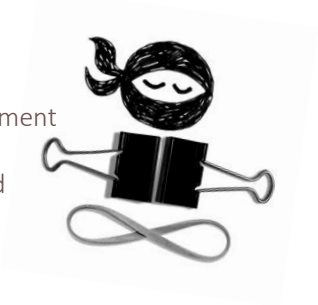
Rebel Kitchen is here to redefine health through food, business and beyond. They're striving to change what constitutes health, the way food is made and how businesses operate within the food space. Their aim is to create healthy business practices all the way down their supply chain, starting with their team of 25.



Just like Rebel Kitchen, we too at **Think Productive** were born out of a need – a need to help people make space for what matters, by turning them into Productivity Ninjas. Since 2009, our range of practical, human and straight to the point workshops have been transforming the productivity of leading companies and organizations around the world.

How to be a Productivity Ninja

Imagine a Productivity Ninja at your office, showing you how to overcome information overload by managing attention, rather than time. In just 6 hours, you learn and implement the four key elements of the CORD Model to increase productivity and reduce stress. Read on to find out how our "How to be a Productivity Ninja" full day workshop helped transform the mindset and workflow of Rebel Kitchen's team.



Results

99%

of participants said the Workshop will make a positive difference to their productivity.

89%

of participants rated the Workshop as "Very Good" or "Excellent".



“We aim to be a business of the now and we constantly redefine what that means and how we can give our team more freedom and balance.”

Tamara Arbib, Co-founder



BE A REBEL. Live your truest self. No fear. **NO BULLSHIT.** With yourself or with others. **NO GOSSIP.** Impeccable with your **PUS** **NDARIES.** Be **otent.** **sform** **fin** **way.** **no** **al.** **er** **ot** **ve** **NEY.** **est,** **ow.**



“I am a mum of four and the co-founder of a startup - before attending the workshop, there was total chaos in my head

...

The session has truly fine-tuned how I interact with all the tasks in my life.”

Tamara Arbib

6 months on, here's what the rest of the team are saying

“I love not feeling that I have to turn my laptop on straight away and can get on with other jobs first.”

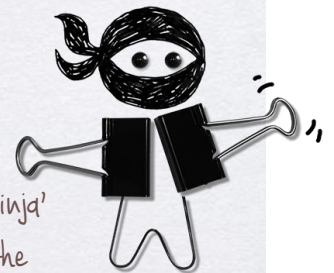
“Everyone uses the same tool, so there's a base level of productivity throughout the team. We all speak the same productivity language.”

“It is so good to **not** feel guilty about leaving on time and taking breaks!”

“I am able to use emails when needed rather than getting distracted by them.”

Tamara, would you recommend Think Productive?

“Working with Think Productive has been very smooth. ‘How to be a Productivity Ninja’ gives you an overview of all the different Productivity Ninja skills.



ABSOLUTELY GO FOR IT!”

Start YOUR Productivity Ninja journey with us today!